ROADMAP TO
MENTAL HEALTH
AND SCHOOL SAFETY

WHERE ARE WE NOW?

1 in 5
Michigan school-aged children has a
MENTAL OR EMOTIONAL DISORDER.

8%
of Michigan students
DID NOT
GO TO
SCHOOL
at least once in
the previous 30
days because they felt
UNSAFE
at or on their way to school.

21%
of students seriously considered
ATTEMPTING SUICIDE in the last 12 MONTHS.

In Michigan, nearly 84,000 adolescents aged 12-17 had at least one MAJOR DEPRESSIVE EPISODE within the year.

37%
of students felt SAD or HELPLESS almost every day for TWO WEEKS or more in a row that impacted their daily activities.

23%
of students were bullied on school property.

WHERE DO WE NEED TO GO?

EXPAND direct mental health services to ALL students
MANDATE social emotional health education in schools
REQUIRE consistent screening for emotional and mental disorders in both schools and health care settings
BUILD AWARENESS of how trauma/adverse childhood experiences impact youth

56%
oadolescents aged 12-17 with MDE (Major Depressive Episode) DID NOT RECEIVE TREATMENT for their depression.